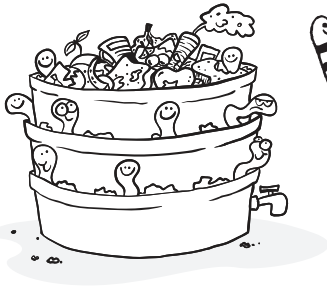


Worms

Name: _____

Date: _____



WORMS MAKE
COMPOST



A worm can eat its own weight in food every day! Having a worm composting farm is a great way to recycle unwanted household food scraps.



Foods Worms Love:



Foods Worms Hate:

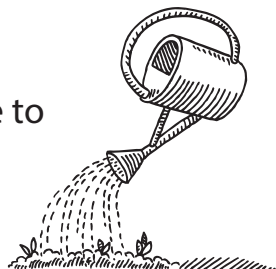
Worms produce worm liquid and solid waste that gardens love.

Liquid

Worm 'wee' (worm juice) drains out of the bottom of the worm farm. It can be diluted in water to make a nutritious drink for your plants.

part worm wee to

water



Solid

Worm 'poo' is called castings and can be dug into the soil in your garden to fertilise your plants.

Compost can be collected every

- months

