## 1 kilometre $=1000$ metres

0
KILOMETRES (km) to METRES (m)
To convert from kilometres to metres, MULTIPLY by 1000.
a) $8 \mathrm{~km}=$ m
e) $9.167 \mathrm{~km}=$ $\qquad$ m
b) $2.2 \mathrm{~km}=$ $\qquad$
f ) $0.5 \mathrm{~km}=$ m
c) $6.25 \mathrm{~km}=$
m
g) $0.207 \mathrm{~km}=$ m
d) $4.4 \mathrm{~km}=$
m
h) $15.99 \mathrm{~km}=$ m

METRES ( m ) to KILOMETRES (km)
To convert from metres to kilometres, DIVIDE by 1000.
a) $3000 \mathrm{~m}=$
km
e) $325 \mathrm{~m}=$
km
b) $5900 \mathrm{~m}=\quad \mathrm{km}$
f) $565 \mathrm{~m}=$ km
c) $6750 \mathrm{~m}=$
km
g) $90 \mathrm{~m}=$ km
d) $8050 \mathrm{~m}=$
km
h) $18355 \mathrm{~m}=\ldots \mathrm{km}$

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QUESTIONS:
a) Mila ran $\mathbf{2 5 0 0}$ m. How many kilometres did Mila run?
b) A track is 3.5 km long. How many metres in two laps? m
c) The cyclists completed four laps of a 500 m track. How many kilometres did they ride? km
d) James completed 10 laps of a 400 m running track. How many kilometres did James run? km
e) Kelly walks 400 metres each way to school. How many kilometres does she walk in a 5 day week? km

