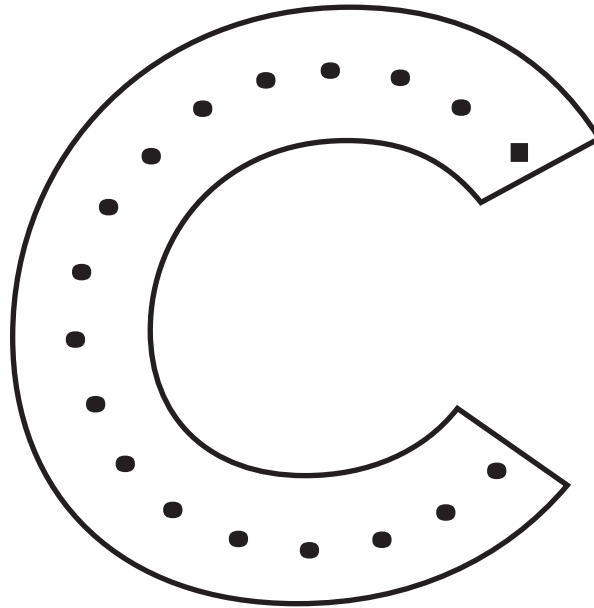


My name is: _____

What you need for this activity:

Thick yarn, a large plastic darning needle, tape to secure.

Print this page on cardboard. Punch through each of the dots on the letter 'c' for easier sewing. Children may need help to thread the needle with yarn.



Fine Motor Skills Activity: Sewing card

Starting at the square, push the needle up through the hole, pull through most of the yarn, leaving a short tail which can be secured on the back of the card with some tape. Push the needle down through the next hole and pull through the yarn. Continue sewing, up and down until you reach the end. (Optional: you can also sew back again the other way if you wish, filling the gaps as you go until you get back to the beginning.)